

## **New Life Christian Fellowship**

### **1. Message Of Hope For The Week .**

Stress, depression, fear, doubts; real feelings that imprison lives today.

Starting in our minds, the headquarters of our body, simple thoughts spiral into dark nightmares.

Please do not give up! There is someone who loves you and understands your deepest needs. God knows you because 'He' made you and you are precious in 'his' sight.

Every journey takes a first step. From your dark prison look for a chink of light. That chink of light is Jesus, crying out to you in your despair. The road may be long, but you will not be alone for God says: 'I will never leave you, or forsake you.'

Jesus can help you to view things in a different light. Despite life's storms you can feel the security of Jesus' peace, like a stilling anchor to your mind.

If you are struggling with any of these issues and want someone to talk to; or would like us to pray for you call: 01834 812839 or 01834 831533. Take the first step for freedom today.

All are welcome to join New Life Christian Fellowship at Kilgetty Community Centre, 10.45 on Sunday Mornings.